



PSHE Vocabulary List

KS1	Lower KS2	Upper KS2
Communicating, feeling empathy, behaviour, fair/unfair, right/wrong, secrets, surprises, safety, sharing, discussion, views, opinions, cooperating, resolving arguments, people, similarities, differences, special people, caring, physical contact, touch, acceptable, unacceptable, feelings, bodies, hurt, comfortable, teasing, bullying, growing, changing, young to old, independence, correct terminology, body parts, external genitalia Classroom rules, rights, responsibilities, needs, groups, communities, roles, environment, money, spending, saving, safety, everybody, individual, unique, special, people, similarities, commonalities, community, special people, Energy, save, lights, electricity, water, conservation, recycle, re-use, pollution, dirt, smell, germs Medicine, ill, cream, pill, tablet, ointment, dose, symptoms, safe, doctor, nurse, welfare, swallow, inhale, household, substances, safe, dangerous, risk, shampoo, soap, ointment, medicines, food, water, smoking, cigarettes, nicotine, heart, lungs, breathing, dependent, habit, alcohol, drinking, drunk, headache, damage, pressure, safe, scared, hazards, dangers, threats, real, pretend Health, wellbeing, healthy eating, physical activity, sleep, dental health, health, , hygiene, cleanliness, germs, growing, changing, young to old, independence, correct terminology, body parts, external genitalia, Boy, Girl, penis, Vagina Class, school, community, rules, charter, cooperate, agree, friends, similar, different, feelings, strengths, welcome, nervous, excited, important, special, Community, belong, school, family, church, society,	Group, roles, listen, cooperate, welcome, challenge, Fair, include, friendly, include, lonely, isolated, friendship, friendly, unfriendly, compliment, listening, point of view, argument, disagreement, solution, making up, problem solving, group, leader, scribe, reporter, time-keeper Family, teachers, neighbours, supervisors, adults, special, people, friend, parent, brother, sister, grandparent, neighbour, nurse, doctor, lonely, alone, included, excluded, belonging, acceptance, parents, siblings, grandparent, uncle ,aunt, step-parent, lone-parent, foster parent ,grandmother, hurt, angry, miss, lonely, frightened, visit, move, refugee, police Rules, charter, happy, rights, responsibilities, fair, respect, Gifts, talents, strengths, skills, unique ,special, valued, discrimination, perspective, segregation, opinion, prejudice, experience, bullying, fact, opinion Opinion, improve, action, communication, solution, assertive, angry, defend, protect, worried, anxious, tense, worry box, catastrophe, bullying, strategies, police, station, personal safety, risks, fault, guilty, responsibilities, shame, ashamed, regret, Remorse, amends, conscience, choice, right, wrong Similar, Different, Male, Female, Body parts, Penis, Vagina, Comfortable, Uncomfortable, Body parts, Like ,Dislike, Touch , Hug, Kiss, Family, Fostering, Adoption, Relationship, Stereotypes, Gender roles, healthy, lifestyle, positive, choices ,food, exercise, sleep, relaxation, pressure, persuasion Happy, sad, scared, excited, curious, nervous, anxious, calm, argument ,disagreement, solution, making up, problem solving, group, leader, scribe, reporter, time-	Friendship, acquaintance, close, Physical changes, Emotional changes, Moods, Menstruation, Sweat, Breasts, Spots, Pubic hair, Facial hair, Underarm hair, period, tampon, wet dreams Listen, debate, views, opinion, respect, issue, voting, behaviour, attitude, role-model, responsibility, admire, active, citizen, civic behaviour, civic engagement, culture, values, civic duty, community, community service, country, cooperation, election, dual nationality/citizenship, discrimination, perspective, segregation, opinion, prejudice, experience, bullying, fact, opinion Mum Dad Grandma Granddad Aunty Uncle Cousin friend. Police Social worker. Lollipop lady. Teacher. Brother sister. Ambulance. Bus escort. Neighbour, danger, dangerous, risk, support, help, communication, responsibilities, right, wrong Email, cyber-bullying, scam, vulnerable, abuse, substance, tolerance, dependence, addiction, legal, illegal, risk, Medicine, ill, cream, pill, tablet, ointment, dose, symptoms, safe, doctor, nurse, welfare, swallow, inhale, household, substances, safe, dangerous, risk, support, facilities, youth club, church, doctors, library, help-lines, confidentiality Family, teachers, neighbours, supervisors, adults, special, people, friend, parent, brother, sister, grandparent, neighbour, nurse, doctor, lonely, alone, included, excluded, belonging, acceptance, parents, siblings, grandparent, uncle ,aunt, stepparent, lone-parent, foster parent ,grandmother, hurt, angry, miss, lonely, frightened, visit, move, refugee, police, Mental health, emotional wellbeing, Healthy minds

,culture, bullying, deliberate, included, excluded, telling tales, by accident, power, Communicating, feeling empathy, behaviour, fair/unfair, right/wrong, secrets, surprises, safety, sharing, discussion, views, opinions, cooperating, resolving arguments, people, similarities, differences, special people, caring, physical contact, touch, acceptable, unacceptable, feelings, bodies, hurt, comfortable, teasing, bullying likes, dislikes, choices, feelings, managing feelings, achievements, strengths, goals, target-setting, change, loss	keeper, bullying, witness, audience, peer pressure, tolerance, respect, helping, together, acceptance, gender, race	Emergency, breathing, heart, lifesaving, unconscious, bleeding, choking, recovery, balance, lifestyle, rest, eating, exercise, bacteria, virus, germs, protect, immune system, immunisation Gifts, talents, skills, strengths, welcoming, belonging, listen, debate, views, opinion, respect, issue, voting, bullying, witness, audience, peer pressure, listen, opinion, difference, agreement, discussion, debate, solution, agree, disagree, dispute, choice, risk, judgement, worthwhile, pressure, group, cooperation, role, listening, sharing, review, team work, connection, tolerance, respect, helping, together, acceptance, gender, race,
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