

More Pants Power

Age 5-7



NSPCC

PSHE Association
Quality Assured
Resource
PSHE
Association

Our class ground rules



- We will join in with the lesson, but we can 'pass'
- We will listen to others and they will listen to us
- We will use vocabulary that we learn in our lessons
- If we don't know the words to use, we will ask our teacher
- We won't share stories about ourselves, our friends or our family
- We can ask our teacher lots of questions, but not personal questions about their life

To learn the Talk PANTS rules and that they help keep children safe.



- identify that there are different types of touch; and how touch can make people feel
- recognise that someone's body belongs to them, and that they can say 'no' to being touched
- describe the difference between happy surprises and secrets, and how to talk to someone when secrets are upsetting
- explain the PANTS rules and how they can help keep someone safe.

What are the PANTS rules?



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What are the **PANTS** rules?



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P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S



What are the PANTS rules?



P RIVATES ARE PRIVATE

A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS THAT UPSET YOU

S PEAK UP, SOMEONE CAN HELP



What are the PANTS rules?



Wearing pants gives you special powers.
They're **YOUR** pants, and it's **YOUR**
body. What if someone asked to see or
touch you underneath your pants?





They'd get a
BIG, LOUD
NO!

Q1. Who cares for Pantosaurus and keeps him safe?



- A. Dinodad and his teacher
- B. Little Red Roarysaurus
- C. No one

Q1. Who cares for Pantosaurus and keeps him safe?



A. Dinodad and his teacher

B. Little Red Roarysaurus

C. No one

Q2. Dinodad says, “They’re your pants, and it’s ____.”



Which words are missing?

- A. My body
- B. Your body
- C. Nobody

Q2. Dinodad says, “They’re your pants, and it’s ____.”



Which words are missing?

A. My body

B. Your body

C. Nobody

Q3. What does Pantosaurus say if someone asks to see or touch underneath his pants?



- A. A quiet little no
- B. A big loud NO!
- C. He doesn't say anything

Q3. What does Pantosaurus say if someone asks to see or touch underneath his pants?

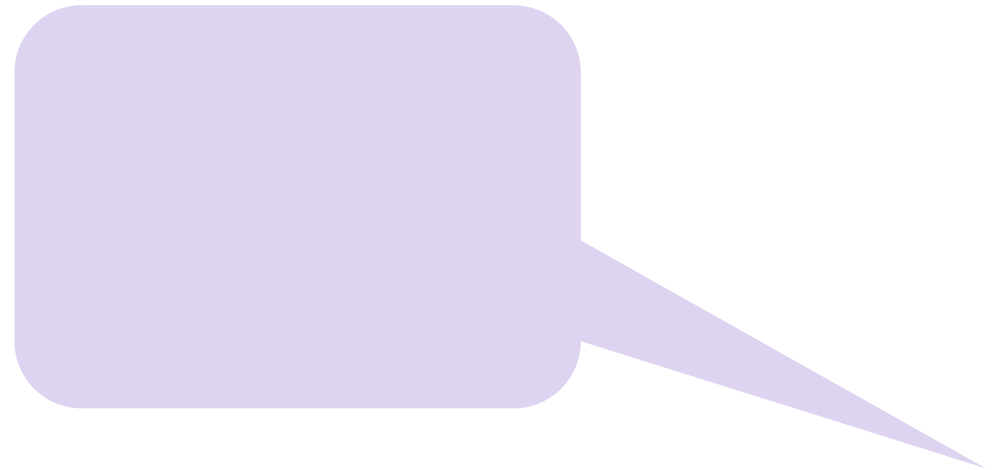


A. A quiet little no

B. A big loud NO!

C. He doesn't say anything

Who should Pantosaurus tell if someone asks to see or touch him underneath his pants?



Happy secrets or surprises?



Pops is planning a surprise party for Nanny. It must be kept secret for now.

The twins make mum a card. They keep it secret until her birthday.

Che gets some good news which they aren't allowed to share just yet.

Happy secrets or surprises?



Rami and Lexi knocked a lunch box off the trolley. Rami told Lexi that they must not tell anyone. Lexi feels worried.

Flo and Mia accidentally break something and keep it a secret.

Steggy asks Pantosaurus to see under his pants. He tells Pantosaurus it is a secret between them. Pantosaurus doesn't think he should keep it a secret.



Which of these touches are safe or feel comfortable?

Which of these touches are not safe or feel uncomfortable?

Any that you are unsure of, or if it depends?

High-five	Holding hands	Hug
Pinch	Kick	Kiss
Hit	Stroke	Tickle
Sitting on lap	Pat on the bottom	Push



Grandma

Family friend

**Teenager you met at
the park**

High-five	Holding hands	Hug
Pinch	Kick	Kiss
Hit	Stroke	Tickle
Sitting on lap	Pat on the bottom	Push

Powerful PANTS Postcard



Write a postcard to Pantosaurus explaining what he should do if someone asks to see or touch what's under his pants.



Dear Pantosaurus,



What have you learnt?



One thing I know now that I didn't know before is...

Some things I will remember to say or do are...

Some things I feel more confident in are...

Who can help?



Think of safe adults you could speak to if you need help with relationships or the behaviour of others.



In school

Teacher
Support Assistant

At home

Parent or carer
Safe adult



Childline

0800 1111

NSPCC

presents



PANTOSAURUS