



PE Whole School Long Term Plan (following Get Set for PE scheme)

	Term 1		Term 2		Term 3	
Nursery	Introduction to PE Unit 1	Fundamentals Unit 1	Dance Unit 1	Gymnastics Unit 1	Ball skills Unit 1	Games Unit 1
Reception	Introduction to PE Unit 2	Fundamentals Unit 2	Dance Unit 2	Gymnastics Unit 2	Ball skills Unit 2	Games Unit 2
1/2 cycle A	Fundamentals Year 1	Dance Year 1	Target games Year 1	Net and Wall Year 2	Athletics Year 1	Striking and Fielding Year 2
1/2 cycle B	Gymnastics Year 2	Dance Year 2	Sending and Receiving Year 1	Ball skills Year 2	Athletics Year 2	Invasion Games Year 2
3/4 cycle A	Fundamentals Year 3/4	Dance Year 3	Ball skills Year 3/4	Handball Year 3/4	Athletics Year 4	Swimming
3/4 cycle B	Yoga Year 3/4	Dance Year 4	Ball skills Year 3/4	Hockey Year 3/4	Fitness Year 3/4	Swimming
5/6 cycle A	Gymnastics Year 6	Dance Year 5	Volleyball Year 5/6	Netball Year 5/6	Athletics Year 6	Swimming – Y6 OAA – Y5
5/6 cycle B	Yoga Year 5/6	Dance Year 6	Badminton Year 5/6	Rounders Year 5/6	Fitness Year 5/6	Swimming – Y6 OAA – Y5